

SEND and Vulnerable Groups Conference

Getting it Right

Effective Mental Health Strategies across Education, Health and Care Settings 0-25



9:00am – 4:30pm, Thursday 16th April 2015, The Met Hotel, Leeds

Mental health difficulties impact on educational outcomes, social relationships, life chances and physical health. From principles, policy and practice to impact on student outcomes, this multi-disciplinary conference will offer practical solutions and pathways forward to support education settings to build capacity and embed effective mental health strategies.

The conference will include:

- Two keynote addresses from Roger Catchpole, Training and Development Manager at Young Minds and contributor to the Radio 4 series Bringing Up Britain
- A keynote address from Dr Nick Barnes, Young People's Psychiatrist (Haringey Adolescent Outreach Team) and Honorary Senior Lecturer University College London
- Mental Health Standards – a framework to deliver mental health, to audit current practice and to build effectiveness to meet universal and additional needs
- The impact of SEND reform and the Ofsted inspection framework in relation to mental health
- How to measure the impact of interventions, including therapies on student outcomes
- An educational psychologist's approach to using child mental health outcome measures

All delegates will receive a CD resource pack with practical ideas for their own settings and contact details for support from voluntary and charitable organisations.

This conference is suitable for:

Leaders, managers and practitioners in education, health and care settings including primary, secondary, special further education/work based settings, residential settings, Local Authority, health and social care providers.

To book a place at this conference please e-mail nicola@thinkec.co.uk or book online @ www.thinkec.co.uk

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Addressing mental health issues in children and young people is a key government priority and the importance of this agenda is reflected in the SEND Code of Practice 2014. One in ten children under the age of 16 have a diagnosable mental health disorder (DfE, 2014) and for children and young people with learning disabilities and ASD the risks of developing co-morbid mental health difficulties are significantly increased in relation to their peers (DoH, 2013). This conference will offer practical solutions and personalised pathways to assist education, health and social care settings in **'Getting it Right'**.

The conference will provide:

- Two keynote addresses from Roger Catchpole, Training and Development Manager at Young Minds presenting up to date research and practice based evidence in the area of children and young people's mental health
- A Keynote address from Dr Nick Barnes, Young People's Psychiatrist presenting information about common mental health difficulties in children and young people, symptoms, triggers and possible solutions
- *Mental Health Standards* – a framework to deliver mental health, to audit current practice and to build effectiveness to meet universal and additional needs
- The impact of SEND reform and the Ofsted inspection framework in relation to mental health
- How to measure the impact of interventions, including therapies on student outcomes
- An educational psychologist's approach to using child mental health outcome measures

The conference will provide delegates with:

- Up to date knowledge and understanding of mental health difficulties in children and young people
- Tools for embedding effective mental health strategies in own setting
- A network of specialist support and a directory of service providers
- Practical ideas and resource packs for use in own settings
- A range of exhibitors showcasing resources for use in own settings

Cost:

£200 +VAT per delegate

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Conference Outline

- 8:15am – 9:00am Registration, coffee and collection of conference resource packs
- 9:00am – 10:15am **Concepts of Mental Health: Risk and Resilience Factors, Policy and Practice**
Roger Catchpole, Young Minds
- 10:15am – 11:15am **Common Mental Health Difficulties amongst Children and Young People: Symptoms, Triggers and Possible Solutions**
Dr Nick Barnes, Haringey Adolescent Outreach Team
- 11:15am – 11:45am Coffee and table top discussions
- 11:45am – 12:30pm **An educational psychologist's approach to using child mental health outcome measures**
Dr Tiffany Squires-Wilson, Educational Psychologist
- 12:30pm – 1:15pm **SEND Reform, Ofsted and Measuring the Impact of Therapies on Student Outcomes**
Anne Hayward, Anne Hayward Consortium
- 1:15pm – 2:15pm Lunch
- 2:15pm – 3:00pm **Mental Health Standards – a framework to deliver mental health, to audit current practice and to build effectiveness to meet universal and additional needs**
Marilyn Tucknott, Educational Mental Health Consultant
- 3:00pm - 3:30pm Table top discussion and action planning
- 3:30pm – 4:30pm **Promoting Academic Resilience**
Roger Catchpole, Young Minds
- 4:30pm Conference close

Presentation titles may be subject to change.

Venue

The Met Hotel
King Street West Yorkshire
Leeds, LS1 2HQ, UK
Tel: +44 (0) 1132 450 841

How to get there

By Car

Satellite navigation coordinates:
53.796678, – 1.550327 (post code LS1 2HQ).
Leeds city centre is only one mile from the M1,
M621, or M62.

By Rail

Nearest station: Leeds City Station.

The Met Hotel is a five minute walk away.

- Leave the station's main entrance and turn left
- Follow the traffic lights and turn left again (the Queen's Hotel will be on your left hand side)
- Cross over at the next pedestrian crossing
- Go down the left hand side of Majestyk's night club
- Take the second right after the Wharf Street Bar
- The hotel is on the right hand side

The Anne Hayward Consortium

The Anne Hayward Consortium (AHC) is a unique organisation offering a one-stop centre of excellence for Inclusion and Special Educational Needs and Disability (SEND) provision in the UK and overseas. It is led by Anne Hayward who works with a range of partners all with proven specialist knowledge and expertise in Inclusion and SEND. We work in mainstream and special schools, Academies, the non maintained and Independent sector, Charities, Colleges, Adult Services, LAs and Government Organisations. Our work was recognised by the DCSF when it approved AHC in 2007 as a specialist provider for consultancy and training in SEND.

www.annehayward.com

Think Education Consultancy

Think Education Consultancy provides professional development and consultancy services to Local Authorities, schools and individuals in the Yorkshire and Humberside region. Our associates have worked both at senior leadership levels in schools and consultant and advisory levels for Local Authorities. We provide professional development and consultancy services which are sustainable, practical, based on evidence of what works and relevant to the educational context in which professionals are working. Our areas of expertise include thinking skills (Philosophy for Children) and special educational needs.

www.thinkec.co.uk

Booking and Cancellation Policy

Bookings will be acknowledged by email and will be invoiced within one week. Payment is due immediately on receipt of invoice.

If you need to cancel your place and the cancellation is received 6 weeks (or 30 working days) or more prior to the start of the conference, you will not be charged. If the cancellation is received between 6 weeks and 2 weeks (10 working days) prior to the start of the conference a cancellation fee of 50% of the conference fee will apply. If the cancellation is received less than 2 weeks before the conference date you will be charged the full conference fee.